

CERTIFICATE OF PARTICIPATION

This is to certify that

Richard Wands

Has successfully participated & completed the
5km Shift Wellness - Trail Run, The Shift Series
held at Walter Sisulu Garden.

TIME 00:40:56

PACE 08:10/km
OVERALL 24 of 97

GENDER 14 of 31
OPEN 9 of 15

23 June 2019, Sun

Date



BoutTime

Signature

